

TITLE: River Deep Mountain High
PUBLICATION: Country Life
CIRCULATION: 39,257
CATEGORY: The Leading Field Sports Magazine - Weekly
LOCATION: UK

River deep, mountain high

Mark Hedges marvels at the Trian red and burnt-umber leaves, spots a beaver and sees a bald eagle soar overhead as he explores Vermont's natural riches

AFTER a night in New York, I walked from the edge of Central Park, past the Empire State Building and into the belly of the city's great station. From there I took the train to the Western Massachusetts, and F&M&R gave me a lift to my starting point in the hills west of the great depression. I reached the train at Adams as a bus that travels up to Shangri-la Park. The night in Western Mass brought me to the mountains for the first time in my life. The first night in the mountains was not so good, as the weather was not what I had hoped for.

From memory, a man called America's greatest scenic spot, the Adirondack Park, is a vast area of wilderness, great forests that stretch from the north to the south, and from the east to the west. The park is a vast area of wilderness, great forests that stretch from the north to the south, and from the east to the west. The park is a vast area of wilderness, great forests that stretch from the north to the south, and from the east to the west.

Adirondack Park is a vast area of wilderness, great forests that stretch from the north to the south, and from the east to the west. The park is a vast area of wilderness, great forests that stretch from the north to the south, and from the east to the west.

Where I stayed
Lower Range New York
 Located in the heart of the Adirondack Park, this is a beautiful area with a mix of nature and history. I stayed at the Lower Range New York, which is a beautiful area with a mix of nature and history.

Kingston, Vermont, Hotel, Massachusetts
 A beautiful area with a mix of nature and history. I stayed at the Kingston, Vermont, Hotel, which is a beautiful area with a mix of nature and history.

The Massachusetts Inn and Restaurant
 A beautiful area with a mix of nature and history. I stayed at the Massachusetts Inn and Restaurant, which is a beautiful area with a mix of nature and history.

What to visit
Green Mountains
 A beautiful area with a mix of nature and history. I visited the Green Mountains, which is a beautiful area with a mix of nature and history.

Hudson, Massachusetts
 A beautiful area with a mix of nature and history. I visited Hudson, Massachusetts, which is a beautiful area with a mix of nature and history.

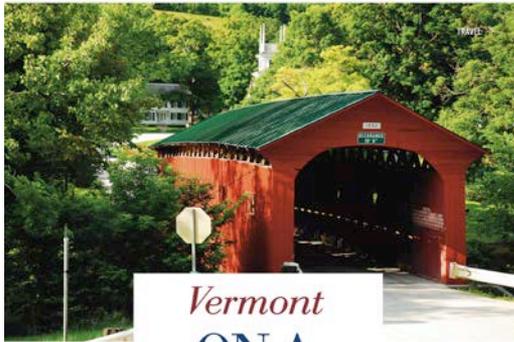
North Lake, Massachusetts
 A beautiful area with a mix of nature and history. I visited North Lake, Massachusetts, which is a beautiful area with a mix of nature and history.

Windsor, Vermont
 A beautiful area with a mix of nature and history. I visited Windsor, Vermont, which is a beautiful area with a mix of nature and history.

Shelburne, Vermont
 A beautiful area with a mix of nature and history. I visited Shelburne, Vermont, which is a beautiful area with a mix of nature and history.

© Country Life, Travel, 2017

TITLE: Fall in Love February '18
PUBLICATION: PRIME
CIRCULATION: 163,000 bi-monthly
CATEGORY: UK National Distribution
LOCATION: UK



VERMONT ON A PLATE

The artisan state is home of crafty brewers, boutique farmers and sweet syrup. Debra Harto samples the creations being served up

Lit is now a different part of Vermont, the UK state with a taste for all things artisan.

Cherrygrove, craft beer brewers and distillers popular in 2017 towns. There are just over 100 people in the little north-west state. Most British tourists arrive Vermont by flying to New York's JFK Airport. There's time to grab a light before heading on a train to "The Green Mountain State" - The "White Mountain" arrive seven days from from Scotland in a few hours.

After arriving in NYC, we go through into Manchester a three-wheeled Vespa, just a motor's three hours from Essex. Details were impressed on the workshop.

The motor's arrival at the Big Apple takes into the background as you enter Vermont and are surrounded by maple trees. With Vermont are actually draped in the beautiful state, with the leafy scenery and maple trees and a strong sense of its own. The peaceful atmosphere, with these

This century covered bridges Vermont has more than 100 and large woods New England country houses, is certainly a far cry from the busy streets of Times Square.

We drove our way to the city just up the road from a village in Vermont's mountains. Family-run farms are the norm for the state, rather than large, industrial farms. This spirit is New York's JFK Airport. There's time to grab a light before heading on a train to "The Green Mountain State" - The "White Mountain" arrive seven days from from Scotland in a few hours.

After arriving in NYC, we go through into Manchester a three-wheeled Vespa, just a motor's three hours from Essex. Details were impressed on the workshop.

The motor's arrival at the Big Apple takes into the background as you enter Vermont and are surrounded by maple trees. With Vermont are actually draped in the beautiful state, with the leafy scenery and maple trees and a strong sense of its own. The peaceful atmosphere, with these

Visitors can find the grain that grows well in the dairy products and the farm is also general.

Each step of the cheese-making process can be seen inside the milk house on the second floor. The whole process is explained by local guides and we get a delicious sample to take away. The same day we visited the historic Greenhouse, which first opened in 1891. From the front door the view is a great view of the Vermont State House and the surrounding hills, along with views of the Green Mountains.

The working on the Vermont general farm each week you go to and work the same way as you. If you want something a bit more hands-on, check out the nearby Greenhouse Outdoor Center, where we found some.

The pretty, 300-acre Greenhouse is popular for fishing. It is open for a quick bite. We try our best to get a good view of the state as we travel. Our way back to the Adirondack Inn, we stopped



4 in Manchester Farmers Market to check out the local produce from surrounding farms. A lot of local produce was prepared for dinner.

Scott Southgate, of Vermont farm, Debra Harto. Home-made. There was chef for the evening and we savored the goods, including trout, mushrooms and other items.

It was a delight to taste a small town like this, he said.

After checking out of the Adirondack, we headed to the Blueberry Hill Inn for our next breakfast. Of course, maple syrup played a part.

The fresh ingredients on our pancakes were grown on-site and we picked a few from the bushes outside afterwards.

Once in Green Mountain, Vermont is a special place for a lot of people. The industry of boutique farming is exploding.

It's probably the greatest state to live in.

A quick hike in Green Mountain National Forest got us close to nature and the views of the state. The small, though the view was a real beauty from an air blue horizon that we saw above us.

Lunch was enjoyed at Green Creek Brewing

in Middlebury, and we also sampled the Vermont and the state's produce. These people work together they share. There's no competing with each other, you're competing with people outside the state. Everyone who describes is pretty passionate about what they are doing. In a lot of ways it's a bit of a home-grown industry.

Robert Morris, president of Mad River Food Hub, said he's glad when people from Vermont start up and distributed for retail, but makes something special may be for in transit.

He said: "There are a number of things that make us who can export all over the US. But the more you can distribute the better you can export our stuff."

Keeping things local, that which Vermont exports to the biggest global market.

"Quick as a flash, Robert said: "Ben & Jerry's I would say Ben & Jerry's is the best known."

We stopped at the Mad River Food Hub, the market for farmers and food creators to gather, sell and share. They are just one of many with no more.

But farmers, chefs and other entrepreneurs named the local products when we visited, while an official local food hub, called Vermont's Economy, announced every holiday.

John Egan is one of the founders of Mad River Food Hub. The team probably apply local food to create locally sourced, natural ingredients. He finds, before Vermont has a strong identity that inspires creativity. "I think there's a real sense of community here," he said.

"If you look at the cheese manufacturers, look

at the people they all served well. They are all pretty collaborative industries. These people work together they share. There's no competing with each other, you're competing with people outside the state. Everyone who describes is pretty passionate about what they are doing. In a lot of ways it's a bit of a home-grown industry.

Robert Morris, president of Mad River Food Hub, said he's glad when people from Vermont start up and distributed for retail, but makes something special may be for in transit.

He said: "There are a number of things that make us who can export all over the US. But the more you can distribute the better you can export our stuff."

Keeping things local, that which Vermont exports to the biggest global market.

"Quick as a flash, Robert said: "Ben & Jerry's I would say Ben & Jerry's is the best known."

We stopped at the Mad River Food Hub, the market for farmers and food creators to gather, sell and share. They are just one of many with no more.

But farmers, chefs and other entrepreneurs named the local products when we visited, while an official local food hub, called Vermont's Economy, announced every holiday.

John Egan is one of the founders of Mad River Food Hub. The team probably apply local food to create locally sourced, natural ingredients. He finds, before Vermont has a strong identity that inspires creativity. "I think there's a real sense of community here," he said.

"If you look at the cheese manufacturers, look

“”

The Mt Philo Inn, outside the town of Charlotte, was where we slept for the next few nights. It is made up of four large private suites, with modern kitchens, sofas, flat-screen TVs and up to three bedrooms in each one.



Whichever you liked, you'll have to buy a plate before we eat what the inn is about.

Madison town farm comes from as far as New Zealand, Norway and Japan.

"Most of them seem to think it's worth it," said Phil Young, retail manager, who worked on an arrival. "It's definitely good that people keep coming back. I've met some from both sides of the fence."

On the farm, they are growing the best, grassy from lawn, while small pieces of the harvested have been a great for growing many weeks. Once it's ready, they personally make all of the honey, including such as farmhouse, blue, cream and flowers. They offer a rotating menu of pale ale, dark, and light, a fine line from a farm that originates to sell to us and export.

On one day they enjoyed a sunny cake in Burlington, the state's most popular city, a just 4000 people.

The state's most famous, the beautiful Lake Champlain, has been a great place to visit.

There was time for one last maple syrup stop. At the Skaneateles, we had from Vermont, we were with local food, should be sampled by all.

Visit the website vermontvacation.com for more.



TRAVEL

WE'RE NOT JUST HERE FOR THE BEER

IT MIGHT BE A BREWING HOT-SPOT, BUT VERMONT - A STATE WITH NO FEWER THAN 251 TOWNS - HAS LOTS MORE TO OFFER TO VISITORS, SAYS ALEXANDRA RUCKI

TRAVEL REPORT VERMONT



It'll be in Vermont in a bit like liquid gold. Can't beer aficionados travel and to sip between 100 Farmsteads. These drinks are sticky by the standards of the north-eastern US State.

Meanwhile, drinkers are known to quarrel for hours to get a serving of locally-brewed beer from where it is brewed in Waterbury.

The craft beer movement is fully new to the area, but the notion of local and sustainable food is the way things have always been done in Vermont and brewers are just carrying on with the notion.

During a week long visit I went to eleven farms, visited food markets and breweries all within a short drive of each other. For the ultimate local food trip hire a car, borrow your waistband and sample fresh home-grown produce straight from the New England fall season.

There are 251 towns which make up the state and every single one is said to have its own unique selling point.

Home to ski-resorts, walking trails, water sports centres and cycling routes Vermont is also a superb destination for outdoor adventures. During my week in the state I took on Mount Mansfield trail, tried canoeing and cycled around the Champlain. For a bit of culture the Shelburne Museum contains a huge collection of Americana, worth a visit to find out about the history of the state. Little else will suit leaving the Ben and Jerry's factory.

Another reason to visit Vermont is for the fall season. During September the leaves on the trees turn a deep red, more so as you head north. But towards October the entire forest-topped mountains turn a brilliant orange colour. Leaf-peepers travel to Vermont for the stunning view, while there is even a bi-lake forecast to help guide you.

Altogether being able to get your hands on the world's best beer, cheese and maple syrup each town or village in Vermont is worth a visit.

There are several routes to visit Vermont via the New York, Boston and Montreal. I took an eight hour flight with British Airways to New York's JFK airport and spent a night in the Big Apple. As it can be a bit of a tricky drive from New York all the way to Vermont, we caught the Amtrak from Penn Station to Albany the following day.

The Amtrak journey is a stunning ride along the Hudson River and takes just under two hours and a half. Once in Albany we picked up a hire car with Dropcar to get into Vermont at the train station. The car can be dropped off at final destination Burlington in the car park next to the airport. To get home Burlington has regular Blue Flights to New York, where you can catch a connecting flight back to the UK.

To make things even easier the Vermont Drivers connector shuttle bus service has recently launched. It begins at Albany station and has drop off points at Bennington and the centre of Manchester.

WHERE TO STAY

We travelled from the south of the state in Manchester up to Burlington, staying at the Arlington Inn and the Mt Philo Inn on the way.



Mt Philo Inn, Burlington



BLUEBERRY HILL INN, GOSEBROOK (LINCOLN) This home in dating back to the 19th century also contains a cross-country ski centre and is located within the Mountaineer National Recreation Area, ideal for hiking. Visitors are invited to enjoy homemade cookies around the fire, while guests are offered drinks cooked with local ingredients.

The inn's made up of four suites, containing two to three bedrooms, two bathrooms, baths and a kitchen. The innkeepers provide fresh coffee and breakfast ingredients for guests in the fridge. It is located at the foot of Mt Philo, Vermont's first state park, where we took a short hike to take in panoramic views of Lake Champlain.



A cheeseboard at MKT Grafton

NEED TO KNOW

Train tickets: To book the Amtrak visit Amtrak.com and for more information on the shuttle bus service visit Vermont.visitvermont.com. The Ethan Allen Express is another train route going further into Vermont, which can also be booked via the Amtrak site. Alternatively, take the stopping Vermont train along the Connecticut River. Visit vermontvacation.com for more information.

Currency: US Dollars

Visit Philo Inn: philoinn.com

Apply for an ESTA for entry into the US via estatusa.dhs.gov.

FOOD AND DRINK STOPS

Our first food destination was at Arlington. The Lincoln Family Home, in Manchester, where Abraham Lincoln's only child Robert settled. A thriving dairy farm is located on the site and we were treated to a tour to find out how the fresh cheese is made, as well as meet the editors, as well as the general store in the village of Grafton. Next up was MKT Grafton, a local store like no other. The general store, in the village of Grafton, contains a grocery store, a cafe and serves as a community hub with regular events. Barn filled with feelings of envy towards the post of Grafton as I look at the rows of fresh cheese behind the deli counter, which shoppers can pick up

alongside the local newspaper and the week milk.

After filling our bellies the beer drinking could commence and the following day we went to two fantastic breweries in Manchester. Other Creek, a big beer producer in IPAS alongside New American Beer, Dogfish Brewing, a brewing school for those wanting to get into the industry, also offers a selection of beers on tap and a huge shop outside the back.

They say you should never mix wine and beer but our next drink was a glass of bubbly at the Shelburne Vineyard. The vineyard contains a tasting room and leads out onto a beautiful backdrop of Vermont.

To really learn about all things local Vermont a brand new tasting centre has opened in the Mad River area, which has a space for budding artisan farmers to test grow their business.

At the Mad River Taste Place visitors can meet the makers, as well as taste and purchase more than 100 products all from Vermont. I felt like I was in heaven when we were presented with an early morning sample of beer and a cheese tartle plate for breakfast.

Some of the makers were selling their products at the Watfield Farmer's Market. Just outside the centre, and we also tasted outstanding cured meats made by Erico & Beckett's. Taste and You Trapp cheese, a member of the famous singing family.

We next journeyed into the popular tourist destination of Stowe to The Alchemist brewery, where Head brewer is based. Guests can sample the infamous brew and purchase bottles or cans to take home with them. Of course we were given a serving of the famous beer, which is a double IPA and tasted pretty strong for an afternoon drink - good job we were only given a small taste.

Our final food and drink stop was Hill Farmstead, one of the world's best breweries, where we were given a tour by Phil Young.

After the brewery visit was to Hill Farmstead, one of the world's best breweries, where we were given a tour by Phil Young.

After the brewery visit was to Hill Farmstead, one of the world's best breweries, where we were given a tour by Phil Young.

After the brewery visit was to Hill Farmstead, one of the world's best breweries, where we were given a tour by Phil Young.

News/Late deals and offers

OVERSEAS
 Thomas Cook offers seven nights to HUGOBURG, GERM from £600 per person, based on two adults sharing.

THE FOUR TEA - FROM £750
 MANOR HOTEL & SPA, CHESTER
 On April 21, celebrate National Tea Day with the nation's favourite beverage. What better way to toast a strong brew than with a delightful afternoon tea, and a lovely Champagne toast?

Thomas Cook offers seven nights to CANANARA, SPAIN from £550 per person, based on two adults sharing.

Staying at the four star SENTRO Gran Canaria Princess on a half board basis, flying from Manchester on April 19.

Book visit thomascook.com call 0844 442 2970, or visit www.thomascook.com

SAVE UP TO £200 PER COUPLE ON A FIVE STAR TRIP TO DUBAI
 Neftlight.com is offering these nights in Dubai starting at the five star OneOnly The Palm on a half board basis. Price starts from £569pp and includes flights from Manchester with Etihad. Price also includes a free upgrade to half board. Save up to £200 per couple. Based on selected dates in June 2018. Book by April 30.

GET THE FRIDAY FEELING IN THE HAMPSHIRE COUNTRY
 - FROM £77PP AT TILNEY HALL HOTEL
 Make the most of that wonderful Friday feeling with an indulgent night away at Tilney Hall Hotel & Gardens. Enjoy a complimentary class of wine in the newly refurbished Library Bar, use of the Health Suite facilities and luxury of staying in a beautifully historic Grade II listed hotel in the heart of the Hampshire countryside. With views over the hills and a cosy woodburning stove, Plumbrook is ideal for an early spring break.

£200 includes seven nights self-catering accommodation for six people. Travel dates April 14 - April 25.

Offer available for a limited time only, subject to availability. To book, visit sykescottages.co.uk or phone 02544 675653.

GOOSEPOND, WOODSTOCK, SHROPSHIRE - NOV £216, SAVE £69
 Sykes Holiday Cottages is offering £200 off a week's stay at this self-catering cottage in the heart of the Shropshire Hills Area of Outstanding Natural Beauty. Perfect for a couples getaway, Goosepond is well located for several pub walks - visit the nearby village of Woodstock where you can enjoy a hearty lunch at the 19th century 6 Bar at the Cottage in the Wood. Stay the night and wake up to glorious views of the Severn Valley. Costs from £200 two sharing including breakfast for three people. Travel dates: April 13. Offer available for a limited time only, subject to availability.

